INTERNSHIP POSSIBILITIES

HOW TO GET ONE:

- ✓ Do your research
 - o http://www.biology.utah.edu/internships
 - o http://csme.utah.edu/internships/
 - o http://www.hinckley.utah.edu/internships-1-1/
 - o http://careers.utah.edu/find-job/index.php
 - o https://www.usajobs.gov
- ✓ **Update your resume or CV**, and customize it to be relevant to the opportunity (*Use www.careers.utah.edu* for help!)
- ✓ **Cultivate references**: *get to know your professors and TA's, keep in touch with past employers*
- ✓ **Increase your chances**: start your research early, apply to multiple opportunities, especially the CSME program!

HOW TO GET ACADEMIC CREDIT FOR IT:

- ✓ **Contact me, the course instructor**: <u>amy.sibul@utah.edu</u>, 801-585-7472, Biol-086, to let me know of your interest and get a copy of the course syllabus
- ✓ **Secure an internship** with a requirement of at least 50 hours of meaningful, biologically-related work.
 - University Career Services Office, CSME, and I can help you find an appropriate internship, but you must also take initiative to find the opportunity that best suits your professional aspirations.
- ✓ **Enroll in the course:** Biol 4965 using the permission number I give you, for the appropriate credits (use the drop down arrow for 1, 2 or 3 credits):
 - o 1 credit for 50-99 hours of internship work,
 - o 2 credits for 100-149 hours.
 - o 3 credits for >150 hours.
- ✓ **Complete the student contract:** filling in dates for your assignments based on your scheduling needs
- ✓ **Complete and submit** the bi-weekly assignments

Note:

- This course is for a letter grade that counts towards your biology major.
- If you work in a lab setting, this can count as lab credit for your emphasis

Frequently Asked Questions

- Internships can be paid or unpaid.
 - o I do not discriminate based on socioeconomic status, or the good fortune of finding a funded internship!
- Your internship can be on or off campus.
 - There are many labs, departments, and organizations affiliated with the U of U that offer meaningful, applied internship opportunities.
 - Your internship can be with a non-profit, a federal, state, or local government agency, or with a private firm.
- You can enroll in Biol4965 up to 2 times, for a total of 6 credits, 3 can count towards upper division biology elective or lab, and 3 additional credits can count for gen ed elective credits